

## David Lubin Welcomes Trustee Jasjit Singh

On Friday, January 20th, I arrived at David Lubin Elementary School for my first ever school tour as a newly elected Sacramento City Unified School Board Trustee. I received a very warm welcome from Principal Dixon who was standing at the entrance greeting students and parents. We made our way to the courtyard where the school had gathered (as they always do every Friday!) On this day, we learned some sign language after which I joined a large group of parents who had come to tour the campus with Principal Dixon. Mr. Dixon spoke proudly about David Lubin being a neighborhood school and a STEAM school, offering a wide variety of opportunities for a diverse set of students. Our tour then stopped at both the beautiful school library and Ms. Hastings' amazing art class. I hope to visit again soon!



## Let's Talk about Mental Health

Studies show that caring for others has a positive effect on our own mental health. Even simple events like caring for a pet can help increase our moods! How can we be more caring? You can start by doing instead of saying because our actions speak louder than words. Another way to care for someone is to choose not to argue with them. If you do disagree with someone and it doesn't go well, a big way to show them you care is to apologize, even if you know you're not wrong! If you did something to upset or hurt somebody, an apology should shortly follow. Being "right" isn't more important than showing people we care. Finally, a really easy way to show others we care is to share, and I know you're all experts at that!

## We Celebrate Black History.

Hi! My name is Kamryn Parham and I'm 5th grade class President. February is Black History month so I wanted to share what the month means to me & also highlight some amazing Black artists. This month is not only a time to acknowledge all of the leaders of the civil rights movement, Black inventors, and people who paved the way for equal rights but also a time to celebrate Black culture and joy. One of the ways that I find joy is through music. In our history, Black people have used music as a way to celebrate and it has shaped the lives of so many people. Two famous Black artists are SZA and Beyonce. Both are amazing and Grammy award winners who have made a big musical influence. Another artist, who is my favorite, is my grandpa, Warren Thomas. He isn't famous but he's a really good keyboard player who plays Motown R&B, jazz, and writes his own music. I am happy to acknowledge Black History month and share some of my favorite artists.

Kamryn & Her Grandpa

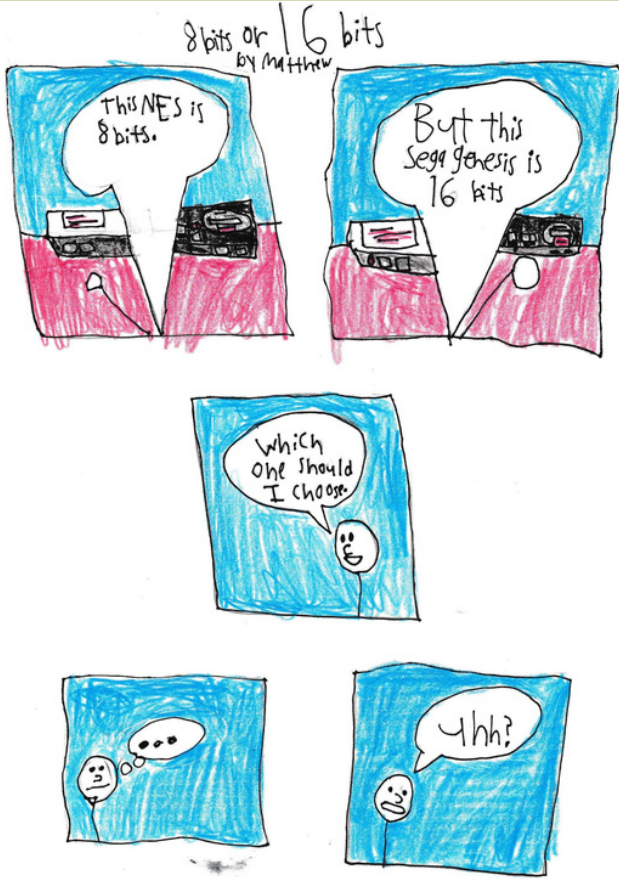


6th graders Jules Broussard, Ella Washington, Rahni Williams & Sintoya Allen

Learning about Black History is an opportunity to celebrate Black achievements and it is a necessary element of world history. When people think about Black History they think about slavery. However, there's much more. Most people are familiar with Martin Luther King and Ruby Bridges, but let's explore others. Queen Njinga Mbandi led an army against the Portuguese and the Atlantic Slave Trade in 1642. King Pianki was the first African Pharaoh to rule Egypt. Albert Murray changed the way people talked about race by challenging Black separatism and insisting that the Black experience was central to American culture.

## Student Submission

by Matthew,  
Grade 6



## Flying Eggs & Rocket Launches

This month, our fifth graders spent five days at Star Base Sacramento, a hands-on, STEM-based experience. As reported by Wardah & Sevilla - 5th Grade Class Secretaries - the students had a lot to love about this unique field trip. "My class' favorite thing about Star Base was the spaceship with the eggs in them," reports Wardah. Sevilla continues, "We got to design a safety system for the eggs...and then test them to see if our eggs survived. Mine didn't!" According to Sevilla, Star Base allowed the students "to do some pretty cool things with computer aid design, robots and more." But everyone agreed: the highlight came on Friday when each student got to build and launch their own rocket! According to Wardah, "We got to put little parachutes in our rockets so they'd land safely."



Coming  
Soon

- 3/1:** T-K Enrollment Evening
- 3/3:** Family Dance
- 3/9:** 3rd Graders @ Sutter's Fort
- 3/23:** STEAM Night
- 3/23-31:** 6th Grade @ Sly Park
- April:** Musical Performances
- May:** East Sac Mother's Day Garden Tour



## ASL Seasonal Sign

The library is where kids learn to **LOVE** to read!



Mrs. Kane, our school Librarian



capstage.org

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